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*Dogs are God's Second-Greatest Gift to Mankind.*



# Puppy Training Made Easy

by

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*Whatever you believe to be God's Greatest Gift to Mankind —  
whether that be Jesus Christ, the Laws of Moses, or the Koran,  
or whether it be family, friends, or love —  
There is no doubt that God's Second-Greatest Gift is Dogs!*

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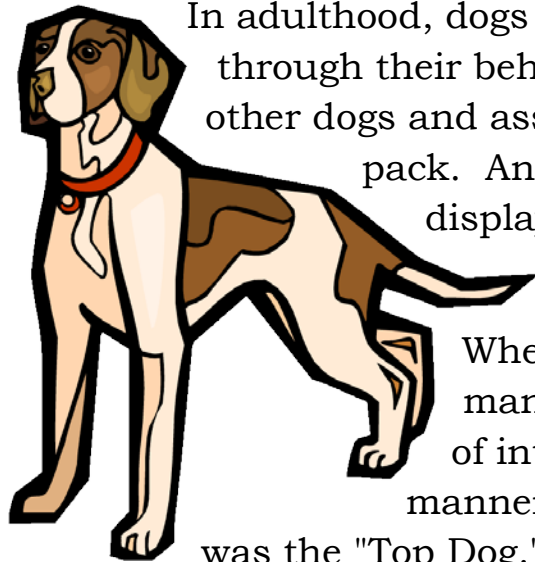
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## AN INTRODUCTION TO PUPPY TRAINING

For thousands of years dogs have been close friends and partners of men. Before they were domesticated by man -- and eventually made into house pets -- dogs lived in their own, individual social packs. Each pack member had her own position in the hierarchy and each pack member had her own duties and responsibilities.<sup>1</sup>

Beginning at birth, each puppy would begin demonstrating where she was weak, fragile and submissive or strong and dominating. Meek, submissive dogs were pushed and chased away by the dominating dogs, so that those dogs had more food and space. The entire pack of dogs lived a life based on a natural hierarchy rigidly "enforced" by Mother Nature.



In adulthood, dogs expressed their place in the hierarchy through their behavior. An aggressive dog would bully other dogs and assert her authority over the rest of the pack. And dogs who were submissive and meek displayed their lack of status through bowed heads and prostrated bodies.

When dogs began to be domesticated by man, it became necessary to find a means of introducing discipline to produce good manners and a new hierarchy in which man was the "Top Dog." There were years of effort and the testing of new techniques have resulted in proven methods of dog training -- methods used right up to the present.

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<sup>1</sup> Throughout this manual, I'll be referring to your dog as "she," which (a) eliminates the madness of constantly repeating "he/she" and "his/her" and "him/her." And "she" also honors and remembers my own Beloved Malina, who is currently waiting for me at the Rainbow Bridge.

It's not easy to train a dog, and the entire process is filled with challenges and risks. Nonetheless, the techniques and methods developed over the years afford you the opportunity to train your dog at home. This manual exists to help you in your training efforts. You already know that a well-disciplined, well-trained puppy is a joy and delight, while an undisciplined, bad mannered puppy will be a nuisance and an embarrassment.

***A young puppy is a lot like a baby.***

There is a strong resemblance between your kids and a puppy. Puppies, like your own kids, require discipline and training. If you're a parent, you already know that disciplining your kids can be a tough row to hoe. Teaching your puppy good manners is similar to teaching your kids. Puppies, though, unlike the teenagers your kids will eventually turn into, actually want to please you. Once you have clearly shown your puppy what is expected, she will delight in doing exactly what you want. Teenagers, on the other hand, . . .

***Important training goals***

As with any communications process, there is the possibility of misunderstanding -- on both parts. It may take you a while to grasp the meaning of your puppy's behavior. And she may not immediately understand just what it is that you're trying to communicate. Her behavior and discipline -- some natural, some learned before she entered your home -- may not be what you and your family want. Clearly communicating to her what you want is the cure for this situation.

There is, of course, something of a limit to what elements of your dog's behavior you can restrain and control. For instance, it is inherent in a dog's character to be aggressive when fed a favorite food. You must, for that reason, understand the means of balancing her inherent behavior (difficult to control or change) and her social obligations (how she behaves around family and friends).

Your primary goal as you train your puppy is to make her people-friendly and socially compliant. Too often, puppies are inappropriately disciplined for the manners and behavior that have been inherited -- as survival traits -- through thousands of years of ancestors.

### ***Why is training so important?***

There are a number of good reasons that you should concern yourself with training and disciplining your dog in the areas of good behavior and manners. She absolutely must know what it is that you expect from her, so that she will behave correctly. Every dog wants to please her master; and she'll do this once she's been instructed and rewarded for her good behavior. Among the important reasons you should spend the time and energy training your puppy are the following:

- You and your puppy participate in sessions of training together so that she will live a life that is harmonious with your own.
- Your training sessions should involve quality time with her, displaying your love and affection to her. You'll also allow her to display her own love. And you'll use this training time to teach her basic behavior and tricks. This should be fun time training, rather than the kind of "basic training" used with military recruits. The underlying purpose of the training is to allow and encourage her to learn manners and discipline.
- One of the results of this training is that your dog will recognize and respect you as her appropriate master.
- She will also learn to demonstrate proper respect to your friends, neighbors, and visitors.

- In addition to all the above, the training sessions prevent your puppy from becoming bored; this reduces or eliminates such problems as biting, inappropriate chewing, and digging.
- You will take great pride -- and your neighbors will try to hide their great envy -- as your puppy impresses them with her manners and discipline.
- Once you have trained your puppy in an organized, systematic manner, you can easily take her out for purposes of exercise or grooming.
- In some locales, you may even get a break on your dog registration fees if your dog is trained.

## BASIC TRAINING ISSUES

You take on a big responsibility when you bring home that cute, lovable puppy. You are now her true owner and guardian. It is your responsibility to know the extent of the training that she needs. Like many other animals, your puppy will display some degree of patience and tolerance. Trial and error -- and patience on your part -- will help you to understand how much training she will need.



### *Puppy training is an investment*

You will be making an emotional investment -- as well as an investment of time -- in your puppy. These investments should be coordinated and recurring. A puppy who knows what to expect and when to expect it will be happier and far more willing to accommodate your needs and wishes.

Once you have determined your training schedule -- which should also be a fun/play schedule too -- you need to take seriously your involvement as her training master. Do not be tempted to shrug off this important responsibility of dog ownership. It is important that you are the one who sets the rules and guidelines for your dog and for yourself. Some of the basic elements that enter into your training are these:

- How do you like your dog? Is it your hope that she'll be a big nuisance to your family, friends and neighbors? Are you hoping that she'll be a dangerous pet that could bite or scare your children and neighbors?
- Grooming is a matter of discipline training as well as physiological maintenance. Your dog will be depending upon you for much more than exercise -- she needs affection, attention, and love.

- Presumably, you acquired your puppy in order to make her a close companion and friend. As part of this process, you need to treat her as an important part of the family.
- The time you spend during your puppy's early months will pay off greatly as she gets older. Your training time now will result in her having a fun-filled, happy, productive life.
- Training is a means of communication and requires the full involvement of both of you. You must be responsible, consistent, and coherent to that your puppy understands what is required of her. If you are inconsistent, her behavior will be inconsistent.
- Your puppy needs you to teach her right from wrong. Only you can ensure that she's on guard from invisible dangers (e.g., running into the road) and imponderables (e.g., taking food from strangers).
- Your personal time commitment to your puppy results in a dog who is a friend and companion for life. And you'll also be giving her and yourself a present -- a dog who responds to your wishes and requirements.
- The ultimate purpose of obedience training is not to teach your dog tricks or to see her win prizes. The ultimate purpose is to teach her to be faithful, obedient, and systematic in doing what she is ordered or expected to do.
- A wide range of lessons and techniques your dog can learn all start with puppy training.
- While conducting puppy training, you have the opportunity to bond closely with her. She and you will learn each others' personalities in a way that is fun-filled and interesting. And

the bonding you do here will form the basis for your life-long partnership.

- As she grows into adulthood, your puppy will need to fully understand who is the real boss. Unless she is made to understand that you make the rules, she will start making up her own rules -- rules that can lead to disorder and disruption.
- Ultimately, your goal is to integrate your puppy into your family in a way that is enjoyable and harmonious for all. Your puppy needs to be brought to an understanding that it is your kindness that brought her into the family and that it her own good behavior that keeps her in the family.
- Finally, your puppy training exercises together should induce in her a feeling of gratitude for your own kindness and generosity.

## TRAINING IMPLEMENTS AND TOOLS

First, before we talk about training tools, let's talk about their shortcoming: No matter how great the selection and quality of your training tools, they are worthless if your training techniques don't fit you and your puppy. In short, if you're needing a lot of re-work on your relationship with your puppy, it matters not what equipment you have.



That said, training equipment can be very helpful when you're seeking to speed-up the training process. There are several things to keep in mind as you select your training equipment:

### ***Does your dog recognize the signals sent out by the training tools?***

When your puppy performs any kind of action, she will expect a



reaction from you. Your reaction should be a quiet, relatively unobtrusive signal that you deliberately send out to her. She must be able to see or hear these signals you send. A

great many puppy training tools depend upon her sense of touch. That sense of touch varies from dog to dog and depends upon:

- The breed of dog;
- The given situation; and
- The individual (you).

In choosing training tools and equipment, you need to take into consideration the real-time situation. Your puppy will react faster and more assuredly when your tools provide her with sufficient information that she can respond confidently. As a consequence of

this, choosing the correct training tool becomes something of a trial-and-error process.

Dogs are hunters by nature and psyche, which leads them to respond well to things that move quickly. Their eyes have developed over the ages to detect movements of all kinds, and their response is typically (naturally) tuned to be quick. The training tools you select, then should encourage your dog's natural responses, rather than trying to stymie them.

### ***Is your training tool result-compliant?***

The kinds of responses you use in training your puppy depend to a large extent on the types and kinds of tools us use. If she ignores your signals and commands, you may need to re-think your strategies and tactics of training. Some dog owners never seem to use the appropriate tools for their dog; the results typically involve a range of failures. If you feel that the results you and your puppy are achieving would best be described as inadequate or insufficient, you may also want to change the training methods you use. Better training results arise from better training communications; if what you're doing now doesn't work, try something different.<sup>2</sup>

### ***What is the effect of using training tools on your own health?***

If you need to display your authority and exert your control over one of the larger breeds -- Doberman, Great Dane, or German Shepherd, for example -- then larger and more robust tools such as leather leads may come in handy. But they may also be inconvenient to handle and operate.



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<sup>2</sup> Remember the definition of insanity: "Doing the same thing over and over but expecting different results."

You may find that you're best served by using a lead signal that is more subtle in its nature, and more friendly to your dog. These softer, more puppy-friendly signals require you to master refined motor control mechanisms -- neither jerky nor mechanical in nature -- which are less disturbing to your puppy's training efforts and are also less detrimental to your own health. Your puppy can easily understand and welcome training signals that are subtle and require only the slightest of movements on your part.

Spend time and effort to choose wisely the training tools and the methods by which you'll use them. The tools you select will have a leveraging effect on your composure, emotions, patience, and results you achieve.

### ***How smooth can you get?***

Your communications with your puppy should be smooth and subtle. Strive for gliding movements and a feathery touch in order to achieve the most satisfactory training results. Your puppy doesn't need a loud or harsh signal to understand you and obey your commands; as little as a twitch of your fingers or a direct gaze will lead them to know what it is you want her to do. This requires as much practice on your part -- practice in smoothness, timing, precision, and clarity of communication -- as it does on her part. And you may find that you first need to earn her respect and her willingness to follow your instructions.

A casual observer, watching a successful trainer at work, may think that he is in the presence of magic. If you're doing it right, the very act of training becomes an art form. And it should also project an image of a great team -- you and your puppy -- happily working together.

Now that we've looked at the subtleties of a training relationship, let's look at the tools you'll use. A visit to a pet shop/pet supply

store will open your eyes to the wide range of available training tools from which you can choose.

### *What you need*

There are six basic tools you'll need to have for your successful puppy training:

- **A six-foot-long leather leash.** This is positively indispensable. It's the appropriate length to ensure flexibility and control while training your puppy. The width of the leash will vary with the size of the puppy and may range from three-quarters of an inch to less than half an inch.
- **A training collar.** Many training collars incorporate metal links that are welded together for strength and toughness. This enables the collar to quickly release its grip on your puppy's neck.
- **A small shake can.** This is a noisemaker. You'll use it to startle your puppy and get her immediate attention. If you choose not to buy one, make your own with a discarded soda can -- place several coins in the can and tape shut the opening.
- **A dog crate.** Not only will you use this when you're transporting your dog to some other location, you'll also find it extremely helpful in the housebreaking process and as a means of correcting inappropriate behavior.
- **A puppy gate.** With this you'll be able to restrict your puppy's movements without hindering her view.
- **A squirt bottle.** With this aid, you'll be able to add an element of surprise to your training sessions.

***Get it all:***

I'm not much of a salesman, so I didn't try to inflict upon you some hyped-up, super-salesman, "gotta buy it today because the price goes up tomorrow" sales letter. I figured that the actual book itself -- as opposed to sales copy -- should convince you of its value. So . . .

If you've found the initial chapters of *Puppy Training Made Easy* worthwhile, you can buy the entire manual, download it immediately, and resume reading it within a couple minutes. You'll pay \$9.97 to PayPal and immediately be taken to the full manual. Once it's loaded in your browser, save it anywhere on your computer's hard drive and read it again and again, whenever you want.

Just click the link below to get the entire manual within the next couple of minutes.

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